

Case Study: Ostracism and Bullying Final Reflection

Purpose: Review the overarching themes, questions, journal responses, and work from this section of *Community Matters* and reflect on new understanding and lingering questions.

APPROXIMATE TIME:
30 minutes

MATERIALS: NONE

ADVISOR NOTES:

1. Creating Time and Space for Reflection

Advisees will repeat this activity at the end of each section of *Community Matters*. Providing them with the time and space to reflect on their learning, growth, and lingering questions about the central themes from the section allows them to synthesize the material in meaningful ways before being introduced to new themes and concepts.

2. Choosing a Discussion Format

Before the advisory meeting, decide how you would like the group to engage in the final discussion. You might start with small groups and then move into a larger circle, or you might try the **Socratic Seminar** or **Fishbowl** teaching strategies, which you can learn about at facinghistory.org/advisory-media.

PROCEDURE:

1. Reflect on Individual Identity

- Tell advisees that for this reflection, they will need their journals and materials from this section. Advisees should first review their journals, handouts, and texts from this section of the advisory program and then do the following:
 - Place a star by two or three places where you arrived at a new insight or understanding of ostracism, bullying, cyberbullying, or the roles we can play and the impact of our choices when we witness these events.
 - Place a question mark by one or two places that raise questions for you about ostracism, bullying, cyberbullying, or roles (target, perpetrator, bystander, upstander).
- Then ask advisees to spend some time writing a new journal entry in which they elaborate on a new understanding and/or question. If you feel like they would benefit from some structure, invite them to respond to one of the following questions:

- What new insights and understanding do you have about ostracism, bullying, cyberbullying, or the range of responses in the face of injustice? What questions do you still have?
- I used to think _____ about _____ (a theme from this section of advisory), but now I think _____.

2. Reflect on Advisees' Understanding of Ostracism and Bullying in a Group Discussion

- In small groups and then in a circle or using the **Socratic Seminar** or **Fishbowl** strategy, ask advisees to discuss their journal responses (visit facinghistory.org/advisory-media to learn about these two teaching strategies).
- You might record the questions they still have on chart paper to refer to in the final section of *Community Matters*, Choosing to Participate.
- Let advisees know that in upcoming meetings, they will be learning about and discussing specific actions they can take to help make their school community stronger.